



OSDAV Public School, Kaithal
 Second Unit Answer key (July , 2024)
 Class: XI
 Subject:PhysicalEducation

SET-A

M.M.: 35

Q.No.	Answer key	Marks																										
Section -A																												
1.	Which of the following is a natural playing surface . (a) Cinder	1																										
2.	NSNIS was introduced in : (c) 1961	1																										
3.	In the khelo India programme the selected player is given an amount of: (d) None of the above	1																										
4.	The IOA was established in (b) 1927	1																										
5.	IOC stands against discrimination on the basis of : (a) Gender	1																										
6.	The Olympic flag was used for the first time in b) 1920 Antwerp ,Belgium	1																										
7.	In which of the following Olympic values does “ Mutual understanding between two persons “take place ? a) Friendship	1																										
8.	Which of the following is not the Objective of physical education? c) Evaluation Development	1																										
9.	The headquarters of IOC is situated in : b) Switzerland	1																										
10.	<p style="text-align: center;">Match the Following</p> <p>Match list -1 with list -11 and select the correct answer from the codes given below :</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tbody> <tr> <td style="width: 10%;">i</td> <td style="width: 40%;">Father of Olympic</td> <td style="width: 10%;">1</td> <td style="width: 40%;">Citius, Altius, Fortius</td> </tr> <tr> <td>ii</td> <td>International Olympic committee</td> <td>2</td> <td>394 A.D.</td> </tr> <tr> <td>iii</td> <td>Olympic ideal</td> <td>3</td> <td>23 June 1834</td> </tr> <tr> <td>iv</td> <td>Lost event of ancient Olympics</td> <td>4</td> <td>Pierre- de - Coubertin</td> </tr> </tbody> </table> <p style="text-align: center;">Codes :</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tbody> <tr> <td style="width: 20%;"></td> <td style="width: 20%; text-align: center;">(i)</td> <td style="width: 20%; text-align: center;">(ii)</td> <td style="width: 20%; text-align: center;">(iii)</td> <td style="width: 20%; text-align: center;">(iv)</td> </tr> <tr> <td style="text-align: center;">C</td> <td style="text-align: center;">4</td> <td style="text-align: center;">3</td> <td style="text-align: center;">1</td> <td style="text-align: center;">2</td> </tr> </tbody> </table>	i	Father of Olympic	1	Citius, Altius, Fortius	ii	International Olympic committee	2	394 A.D.	iii	Olympic ideal	3	23 June 1834	iv	Lost event of ancient Olympics	4	Pierre- de - Coubertin		(i)	(ii)	(iii)	(iv)	C	4	3	1	2	1
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11	<p>Given below are two statements, one labelled as Assertion (A) and the other as Reason (R).</p> <p>Assertion (A): The Olympic flag is made up of a white silk cloth in which five rings are embedded with each other .</p> <p>Reason (R) : The Olympic flame is the symbol of peace .</p> <p>In the context of the above two statements, which one of the following is correct?</p> <p>(b) Both (A) and (R) are true, but (R) is not the correct explanation of (A).</p>	1
Section - B		
12.	<p>The Ministry of sports and youth Affairs introduced khelo India program to revive sports culture right from The grass root level. The aim of introducing this programme is to inspire the young talent of the country to participate in sports activities.This scheme focuses on nurturing raw talent,promoting Mass participation and connection rural India to global games .</p> <ol style="list-style-type: none"> 1. Khelo India program was introduced in..... 2017 2.Under the Talent identification and Development scheme,players from16...priority sports are selected at various levels of participation. 3. All the components of the khelo India Scheme are genderneutral...and afford equal opportunities to women for participating in sporting activities and development of sports . 4. Under sports for peace and Development the Government of India provides a special package toJ&K ..for enhancing sports facilities in the state . 	
Section C		
13	<p>What is meant by IFs ?</p> <p>The international sports Federations are international Non governmental organisations recognised by the international Olympic committee as administering one or more sports at world level. The national federations administering those sports are affiliated to them. while conserving their are independence and autonomy in the administration of their sports, international sports federation seeking IOC recognition must ensure that their statutes practice and activities conform with the Olympic charter.</p> <p>During the Olympics games the IFs are responsible for the practical organisation of this sports events on the programme all the technical aspect of the sports are their responsibility: the rules ,equipment , Venues, judging etc .</p>	2
14	<p>What do you mean by sports journalism ?</p> <p>Today newspaper and sports magazines need professional people of sports to perform journalism.Those physical educators who have the Talent for writing may option a career as the sports journalist</p> <p>A Large number of sports channels like ESPN Star sports etc. need good commentator for the various sports events.so sportsmen with good speaking skill and having knowledge about the concerned game can option for this as a career.</p>	2
Section – D		
15	<p>Describe ‘ The OLYMPIC SYMBOL : THE FIVE RINGS’.</p> <p>The Olympic symbol is Five interlocking rings of the equal proportion of the five different colours.The colours sequence of the rings from the left to right is blue yellow black green and red where blue ,black and ring red rings are place at the top ,the yellow and green rings are the placed at the bottom .it was pierre de Coubertin himself who designed the symbol the five rings represent the five continents they are the interlinked to show the universality of Olympism and how athletes from all over the world come together for the Olympics games.</p>	3

16	<p>Briefly explain any three different Committees constituted for the purpose of development of physical education in India after independence.</p> <ul style="list-style-type: none"> *Dr .Tara Chand Committe *Central advisor board of physical education and recreational *First Asian games *Rajkumari coaching scheme *All India council of sports *National discipline scheme *Lakshmibai National institute of physical education *Sports and youth welfare department *Ad Hoc inquiry committee *Kunzru committee *Netaji Subhash National institute of sports <p>Define any three</p>	3
Section - E		
17	<p>Explain in detail the Career options in Physical Education.</p> <ul style="list-style-type: none"> (A) Teaching career in physical education (B) Coaching career in physical education (C) Health related careers in physical education (D) Administration related careers (E) Performance related career (F) Careers in communication media <p>Define in it</p>	5
18	<p>Write a short note on :</p> <p>(a) The flame and torch relay (b) The Motto and maxim</p>	5
	<p>The flame = with the flame the Olympic flame and torch they are the most well known elements of the game.</p> <p>At the modern games the Olympic flame is an expression of the positive values that human beings have always associated with the symbolism of the fire. The flame is light at Olympia in Greece recalling the ancient Greek roots of the Olympic games and also emphasising the link between the ancient and modern games. From Olympia the flame is carried to the city hosting the games by the thousand of the torchbearers.wherever it goes the flame announce the Olympic games and transmitter message of the peace and friendship to all those it needs along the way.</p> <p>The MOTTO and maxim =the original Olympic Motto " Citius ,Altius ,Fortius " was adopted with the launch of the Olympic movement in the 1894 at the urging of founder pierre de Coubertin, who wanted a slogan that expressed excellence in sports.</p>	