

**HANSRAJ MODEL SCHOOL**  
**PUNJABI BAGH, NEW DELHI**  
**CURRICULUM PLAN**  
**SESSION : 2024-2025**  
**SUBJECT : PSYCHOLOGY**  
**CLASS :12**

MONTH	TOPIC/SUBTOPICS	LEARNING INTENTIONS	ACTIVITIES	ASSIGNMENTS
April	<p>Chapter-1: Intelligence &amp; Aptitude</p> <p>Practical:            1. Introduction to Psychological testing            2. To conduct an Intelligence Test  <b>(RSPM)</b></p>	<p>1.Students will be able to understand the psychological attributes            2.Learn different methods that are used to assess the psychological attributes            3.Learn about individual differences            4. Understand the differences between intelligence &amp; aptitude.</p> <p>1.They will conduct tests on their case study sample.            1. Case study will be discussed.</p>	<p>1.Students will be given assignments based on topics covered.            2.Students will be regularly asked to revise the Chapter and Quiz will be taken.            3.Layout will be prepared to study various models on intelligence.</p> <p>1. They will conduct tests on their case study sample.            2. Case study will be discussed.</p>	<p>Students will prepare illustrations on models of intelligence.</p> <p>Students will be given the task of doing a random act of kindness by sharing food or clothes to a needy person as part of the Happiness curriculum.</p>

	<p>Practical : Conduction of <b>AISS</b> and Study of experimental Psychology</p>	<p>1,They will conduct tests on their case study sample. 1. Case study will be discussed.</p>	<p>1. Case study will be discussed.</p>	<p>They will conduct tests on their case study sample.</p>
May	<p>Chapter-2: Self &amp; Personality</p> <p>Practical: 1. To administer a personality test (<b>SCQ</b>)</p>	<p>1.Students will be able to describe the concept of self, personality. 2.They will be able to explain various approaches.</p> <p>1. Study of personality &amp; its assessment.</p> <p>Practical: Students will gain confidence &amp; expertise of conducting the psychological test on self.</p>	<p>1. Case study will be discussed. 2. They will conduct tests on their case study sample. 3.The students will be allotted activities to project their personalities using colors .(Art integration)</p>	<p>Assignments will be given and an introspection exercise will be conducted.</p>
July	<p>Chapter-3: Human Strengths &amp; Meeting Life Challenges</p> <p>Practical: 1. To administer a personality test (<b>MPI</b>)</p>	<p>1.The students will understand nature, types &amp; sources of stress. 2.They will learn to cope with stress. 3.They will inculcate life skills and positive health for their well- being.</p> <p>Practical: Students will gain confidence &amp; expertise of conducting the psychological test on self.</p>	<p>1.Presentation / short film will be shown on coping with stress and examination anxiety. 2.As part of Desh Bhakti curriculum the students will be motivated to design some slogans that will release stress and show their patriotic feelings.</p> <p>They will conduct tests on their case study sample. Case study will be discussed.</p>	<p>Assignments will be given topic wise for solving case based and picture based questions.</p>

August	Chapter-4: Psychological Disorders	<ol style="list-style-type: none"> <li>1. Students will understand the basic causes of abnormal behavior &amp; factors that cause it.</li> <li>2. Students will understand the basic causes of abnormal behavior &amp; factors that cause it.</li> </ol>	<ol style="list-style-type: none"> <li>1. Group discussion on substance abuse will be conducted.</li> <li>2. Flip charts /posters will be made for awareness drives among students.</li> </ol>	Assignments sheets will be given on NCERT based questions.
September	Chapter-5: Therapeutic approaches & Counseling  Practical: To administer an Aptitude Test (DBDA)	<ol style="list-style-type: none"> <li>1.Students will familiarize themselves with the process of psychotherapy.</li> <li>2.The students will understand the different therapies &amp; related interventions.</li> <li>3.They will learn about rehabilitation.</li> </ol> Practical: Students will gain confidence & expertise of conducting the psychological test on self.	<ol style="list-style-type: none"> <li>1. Discussion on various therapies</li> <li>2.They will conduct tests on their case study subject.</li> <li>3.Preparation of mind maps as part of art integration.</li> </ol> Conduction and interpretation of the test.	Assignments will be given on the HOTS based questions on various therapies.
October	Chapter-6: Attitude & Social Cognition	<ol style="list-style-type: none"> <li>1.The students will analyze attitudes, how they are formed &amp; changed.</li> <li>2.They will understand prosocial behavior.</li> <li>3.They will comprehend the concept of prejudice, discrimination.</li> </ol>	<ol style="list-style-type: none"> <li>1. Class discussion &amp; assignment sheets will be conducted.</li> <li>2. Role play to be conducted on POX triangle.</li> <li>3.As part of Desh Bhakti curriculum the students will be motivated to role play on various freedom fighters and exemplify which attitude change were they highlighting.</li> </ol>	Revision assignments will be done.
November	Chapter-7: Social Influences & Group Processes	<ol style="list-style-type: none"> <li>1. Students will understand the nature &amp; types of groups &amp; examine its effect on group behavior.</li> </ol>	Group discussions will be extensively conducted to study group formation .	Assignments & text book questions will be done with practice of previous year questions and sample papers.

	<p>Revision of the Psychological tests.</p>	<p>1.They will discuss the process of co-operation &amp; competition.</p> <p>2.They will understand inter-group conflict.</p> <p>Practical: Students will gain confidence &amp; expertise of conducting the psychological test on self.</p>	<p>They will conduct tests on their case study sample.</p>	<p>Assignments will be based on previous year Board exams.</p>
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