



THEME of our summer break assignment is :

**MYSELF**

Dear Parents, Warm  
Greetings!

“Children learn as they play. Most importantly, in the play they learn how to learn.”

As summer rolls around the time, students are curiously waiting for vacations to start. It is the happiest period in every student’s life. However, looking at the present scenario after the predicament of the pandemic, it is essential that we encourage and support our children. Engage the little ones in interesting activities because long hours of idleness can create boredom.

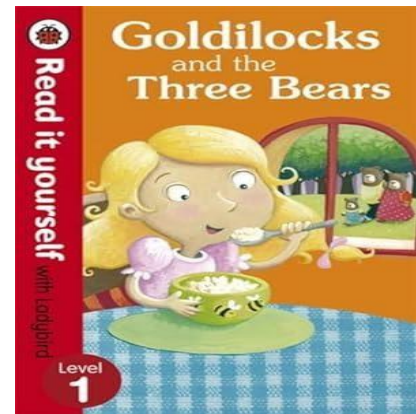
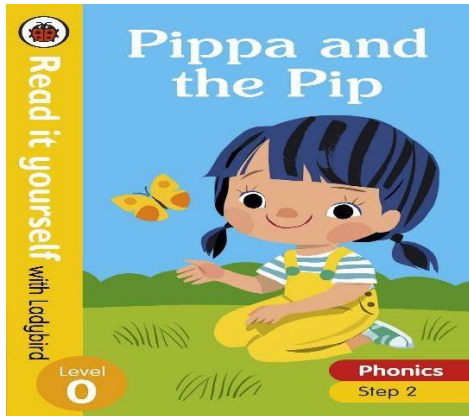
## Guidelines for Parents and students

Children at this age exhibit reluctance towards pen and paper work but are always enthusiastic towards games. Hence the activities are designed in a “Fun & Learn” method. We have also set forth some tips for the parents to make this vacation a fruitful experience for the kids:

- Encourage your child to maintain personal hygiene by washing their hands frequently.
- Reward your child’s creative efforts; guide and support your child by boosting his/her confidence.
- Ensure that your Child Stays Active and Healthy - Long breaks may be boring for your kids. Children need at least 60 minutes of physical activities every day to keep themselves healthy.
- Let your Child Explore the World outside - Fresh air, exercise, and observation are synonymous with child growth. Take them for educational tours and picnics; this will help them to enhance general awareness.
- Family Time - During this summertime, plan some time to spend with your family together. Moments spent together with families and grandparents are always priceless and memorable.
- Create Photo Albums - It works for any age. Create a scrapbook with photos you treasure. You can paste photos taken during your visit to different places during your vacation times.
- Take your child to a park; help him/her to mix with peers.
- Help your child do simple age-appropriate tasks independently e.g. open and close his/her lunch box, brush his/her teeth, arrange books, and bags, listen to instructions given, and wear their own dress and shoes.

## Engage your Child in Reading.

Let's read atleast two story books and make two bookmarks for them.



Suggestive publisher

- Ladybird level 1
- Penguin Level 1



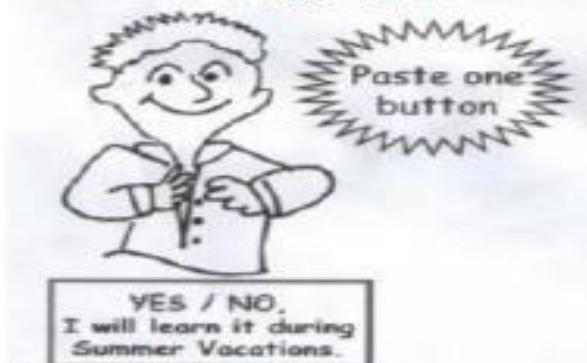
## I AM IN UKG NOW!!!

Here are some of the things I can do myself.

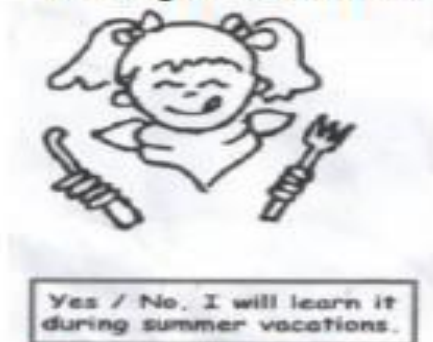
1. Tying my shoe laces.



2. Buttoning up my shirt



3. Using a knife and a fork.



4. Spreading Jam/Butter/Cheese on bread.

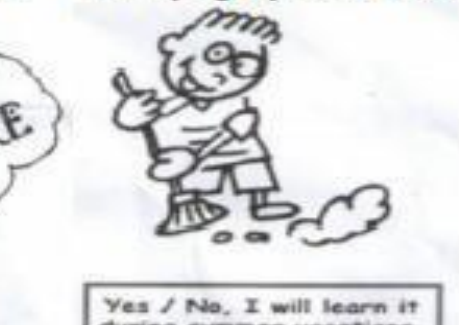


5. Zipping up my Bag/Trousers/Jeans/Jacket.



COLOUR  
THE PICTURE

6. Keeping my room clean



Click pictures of your ward while doing these activities and stick them on an A4 sheet.  
Creativity is always encouraged

## ACTIVITY : Father's Day

Father's day is observed on the third Sunday of June. It honours all fathers, grandfathers for their contribution to our lives.

So on Father's day:

- Surprise him by giving a card, use a paper plate and make a trophy card
- Take help from your mom to make a good breakfast.
- Click a picture with your dad and frame it.



## YOGA BREAK

Lets do some fun yoga poses and stay fit. Click picture of your ward while doing them



Chair Pose



Standing Bow



Cow Pose



Hand to Toe Pose



Downward Dog



Triangle Pose



Extended Triangle



Prayer Pose

# SEWA PROJECT

Students must develop the feelings of taking care of not only their loved ones but also their environment and surroundings.

Encourage your child to do the following activities to inculcate **SEWA BHAV**

- ✓ Folding their clothes
- ✓ Helping mom, when guests arrive
- ✓ Watering plants
- ✓ Feeding birds
- ✓ Laying the table
- ✓ Cleaning up their room and arranging toys
- ✓ Helping grandparents by serving them water and reminding them to take medicine on time etc.,
- ✓ Offering cool water or beverage to the helpers at home
- ✓ Treating everyone with respect.



Children will click pictures while doing these activities and stick on an A3 sheet

# ART AND CRAFT

## Best out of waste

The present scenario calls for eco-friendly products made of biodegradable, recycled and reused material, as essential commodities to conserve our environment. So let's do our part and contribute to the cause.

Make a pencil stand using a cardboard roll find the link below:

[https://www.youtube.com/watch?app=desktop&v=IT\\_7a2D\\_3yk](https://www.youtube.com/watch?app=desktop&v=IT_7a2D_3yk)







# Interdisciplinary Project

## THEME: MYSELF



Explore more with your 5 sense organs.

1. Draw a picture of each sense organ on a separate piece of paper. You can draw a picture of an eye, an ear, a nose, a tongue, and skin.
2. Cut out the pictures.
3. Stack the pictures in order, from top to bottom.
4. Staple the pictures together at the top.
5. Decorate the cover of your flip book.
6. Flip through your flip book to see the sense organs move!
7. Refer to the below link:

<https://www.youtube.com/watch?v=kUgnUh3kF0A>





## ALL MATH ABOUT ME

1. I am \_\_\_\_\_ years old.
2. My first name has \_\_\_\_\_ alphabets
3. My surname has \_\_\_\_\_ alphabets
4. My father's phone number is \_\_\_\_\_
5. My mother's phone number is \_\_\_\_\_
6. My house number is \_\_\_\_\_
7. I have \_\_\_\_\_ members in my family.
8. I have \_\_\_\_\_ brothers and \_\_\_\_\_ sisters.
9. I have \_\_\_\_\_ vowels in my name.
10. My favorite number is \_\_\_\_\_

Write this on an A4 sheet and paste your picture



## Make a spinner craft on All about me.

Included on the spinner are:

- My name is \_\_\_\_\_
- I am \_\_\_\_\_ years old
- I am good at \_\_\_\_\_
- I like to eat \_\_\_\_\_
- My Favourite:
  - animal
  - season
  - food
  - colour





A3 शीट पर शरीर के अंगों की चित्र चिपकाकर पहला अक्षर  
चलखिए

**Link for Homework worksheets:**

[https://drive.google.com/drive/folders/1nSw4YqERoUCZ\\_ZWfZ8tqZ6tZygUujlzz?usp=sharing](https://drive.google.com/drive/folders/1nSw4YqERoUCZ_ZWfZ8tqZ6tZygUujlzz?usp=sharing)

Happy

Holidays